

T1D Glossary for Kids

Insulin

The key that helps sugar get into your body's cells.



Blood Sugar (Glucose)

The energy in your blood from food.



Pancreas

The tiny organ that used to make your insulin key



Bolus

Insulin you take for food or high blood sugar

Basal

Insulin that works in the background all day



CGM

(Continuous Glucose Monitor)



Pump

A little machine

that gives you insulin through a tube or patch

High

When your blood sugar needs insulin and water



Carbs

Foods that turn into sugar in your body

My Word

